This ability to heal is not unique to anyone. Those who have enough confidence and self-awareness are able to effect positive changes or heal their own body. Once you know how it is done, they can also help others improve their own individual health.

PART ONE

Many had forgotten how it was when they were pain-free in their lives. There was a time in your life when you felt no pain. That time is still very real.

You can still reach and maintain that same awareness; and what it truth, still today you can achieve the same result that you experience before. If what you are experiencing is painful, you can ‘RESET’ your thoughts to a former time where you felt no pain. Insist in maintaining that frame of thought. Then experience your present life belief, like you did at that time.

This is how you reset your current awareness to what you have experienced in your past. At that time, pain didn’t exist. Mentally you can return to the original situation where you felt good. If you are willing to be-
lieve then, this mental resets becomes your present reality.

The idea is to ask your subconscious mind bring you to the time where you felt good, to a place where your present painful condition didn’t exist. Once there, you will feel the power of what is still the truth. This past awareness of a painless time is what you will use to override and cancel the pain that is or may be disturbing you.

THE FIRST STEP IN HEALING

When you start doing some healing, have the person seated in front of you while your arms and hands will be outstretched toward them. This will enable your energy to interact with their Light energy field. Furthermore, distance is not a barrier. It makes no difference if the other person is sitting next to you or on the other side of the world. When you see a photograph of the individual, you can instantly connect to their energy system. Or if you just pronounce their name a few times, their energy will come to you or you will go to them with your invisible awareness.

As this takes place, you will have a mental visual representation of their secret self is present in front of you. You will be seeing a perfect double of their physical body and this invisible body is now facing you.
This hidden visual self-appears before you when you are calling someone for treatment. This means that you can view that person from any angle, which is the front, left or right side and also on the back. This visual body will retain the appearance of their physical body form. This is very useful to know.

When you are scanning this invisible body that is in front of you, all information that exists in their physical body can be seen in their invisible body. Their spiritual body is the cause of their physical discomfort of what is not balanced in their thought life. You are viewing a three-dimensional view of your or his/her invisible body and this image is faithfully representing the physical body.

Everything that relate to the physical organ of the client will be seen on the invisible body that is in front of you. And that visible energy field is the image of the person that you call in and is now in front of you. Still this model holds truth to resemble their physical body; there is no doubt about that.

**This double actually represents their physical body, and this is what needs to be healed. With your mind, you can** focus or zoom into a particular area as you look for certain information. You are able to view the surface and any of the inner parts of the body.
At this moment, you are using your mind which acts like a remote control, and you can adjust your awareness to different settings. This gives you a different view of the body you are scanning.

People who have observed you doing one of your healing sessions will tell you that it looks as though you are conducting an orchestra. Your hands and arms will wave through the air, and your fingers numbly create patterns as you make energy adjustments as you view the different area that needs your attention. Through this type of healing, you are subtly providing information to the person that you are treating. This information comes as you listen to your intuition. NEVER underestimate the power of your visualization. When you are imagining, you are visualizing. When you are visualizing, you are accessing the universal knowledge database, more scientifically known as the field of light. As you are listening to your intuition, you are tapping into his or her energy field as to how to better assist the healing of your client.

**LONG DISTANCE HEALING IS POSSIBLE**

You will find that understanding some of the basics of quantum theory is necessary to explain how distance healing is possible.
1. A small amount of energy (for example, an electron) can make you feel that you are in more than one place at a time. Your energy has the ability to be in two locations all at once.

2. Any amount of this invisible energy cannot be manifested in our ordinary space-time reality until we observe it as a particle. (La reason d’être). This existing energy is neutral and it will stay invisible unless you direct your attention on this neutral energy.

3. When this hidden consciousness, senses your creative energy, then it manifests this power as a thought that you are able to see.

4. All energy is connected and what you do to one image (Soul) will actually reflected on the other image (Body). Your physical self will resonate to what is happening within your spiritual god-self.

5. **Your twin self-creates immediately what you observe mentally.** What you feel is instantly and simultaneously influencing your 3rd-dimension human body. It will react no matter how far apart they are from each other. (Action-at-a-distance) – Long distant healing is a reality because of this universal law. This is referred to a non-locality- (no time and space). What you first do to your spiritual self will have a direct effect on your physical body.
All particles are fundamentally connected to each other where they exist in no time or distance. All information and knowledge are available in the field of light, that surround you. This information is what keeps your body or object together, it’s where this knowledge is found. The sum total of all human knowledge exists within this golden Light field that surrounds you. Every physical object emits its own etheric resemblance, whether it is on this planet or on a planet that is located on the other side of this galaxy.

PART TWO – SCANNING

It is not a great effort on your part to maintain an active awareness because you are already seeing positive results in your own life. You know what you are imagining as a healer, you are transmitting and adjusting their own awareness with positive attitudes that will stay with them and eventually replace their own dysfunctional imprints. As healing takes place they will start to feel this new awareness, then the healing as already begun. Encourage your clients to speak out their feelings. The positive will always overcome their negative upheld attitudes.

You have the ability to tap intuitively into their sphere of knowledge that surrounds them. Also, when you
mention him or her by their name, you are able to make a connection directly to that person. You are receiving and viewing their picture image in order to make sense of what is being sent to you. The information you are receiving allows you to be attentive, and will you know what you are to work on. When you tap into that person’s information this way, your consciousness goes directly to the person as you mention their name. It does not matter if someone else is in the room you are still connected to the right person because of the correct identification you use as you say that person or see its image. The path linking you to another individual happens very fast. You will have an understanding how this scanning works and as you start to view the whole body, you will perceive which area need to be balance.

When you help improve someone, you are being given intuitive information as well as visual information. You will feel that because you are now interconnected with the one that you are helping to heal.

A Television is a good analogy for this. From the same remote control device, you can change the channel and connect to entirely different movies.

When you go to any part of that person invisible Soul image, you do not have to change the channels manually; they are changed instantaneously by what you
think. The information that you access come directly from their twin god-self.

To further use the analogy of the television, suppose that all you want to watch is a particular program. Now imagine that you have a control device and you could read their thoughts. *Their light field that surrounds them would pick up your idea and you would instantaneously go to that area that is not functioning properly.* This is how very similar to when you scan a person for injuries or diseases. You can zoom into any areas at will and take note of what is happening there in that area and then send healing energy in that field.

Within your invisible awareness, you are sending light energy toward their holographic image that is standing in front of your physical body. You will increase their energy with the golden yellow color. You are seeing this with your third eye. Pause for a while and let their energy acclimatize to yours. As you see the brightness of their light raise, then you proceed to the affected area that need healing. You then command this light to stays there until the balance is restored and a positive effect is felt. As long as this treatment last, follow your inner voice.

WHAT IS THE CAUSE OF FAILURE
The reason why your healing method is not successful is because you let your mind deceives you. If you let your intellectual mind take charge, it will do all the steps and it will seem very real, and yet it will be a deception. It will look right and yet this is the wrong way. Many do believe what they do is the correct way and they are hopeful that that will eventually see some positive outcome. In reality, this will never come. What has happened is their healing energy where directly send to the physical body. By being ignorant of their creature Soul, their direct prayers for the healing of their body where rejected. Their lack of the actual knowledge was the obstacle of their failure.

When you do heal the information you receive is not in words, but images. This symbology must be interpreted as something can you understand. Your intuitive ability to view those images goes hand-in-hand with your healing ability. You visually see what and where the problem is, and your intuitive informs you of what else is needed to complete the healing treatment. Later in this program you will learn the value of also use colors in combination with your healing treatment.

Different parts of the Soul can be chosen and viewed individually and this has already been described. Every Soul is a creator for different existing conditions and situations. Your Soul not heals only, but it has
many useful qualities, and this you will eventually learn.

TO CALL SOMEONE FOR A HEALING SESSION

Did you know you can mentally go inside your body and make a virtual tour of any part of your body? You can see each part as a **still photo** of any organ you want to view. Energy blockages appeared as you probe within their spiritual double. You are not looking at their physical body; the human body is only the effect that reveals the dysfunctional condition that exists in their spiritual body. The reason this is so, this is because they have crucified your own spiritual body for many years with all kind of negative awareness. Now you are seeing where you need to be concerned and do something for the works to be done. This work is done in order to remove those obstructions. The **CAUSE** is your dysfunctional beliefs are what are causing the problems, and that need to be release.

Just as a person turns the dial on the receiver to change frequencies, you are also able to make the same adjustment within your mind. You will find through experience that you will be able to command you twin self to accomplish different functions. Furthermore, you can use your mind as a microscope. **You are able to zoom in and out as the need**
arises to be even able to view information that lies at microscopic levels.

As you become aware of what you are conscious of, you will be able to give new commands to your own energy body or you can give this information to the other person’s energy body. This is what you do as you see the invisible body. Those commands will be obeyed and motivate your twin self to follow your will in order to change yours/their physical body to its new state of health.

PART THREE

DIFFERENT AWARENESS IS NEED FOR HEALING

With practice, you can see the overall contours of your or their energetic body. Your or their spiritual body’s energy system grid shows the flow of energy as well as any existing blockages, old or new. This can also indicate whether a problem may arise in the physical body if it is left untreated within your spiritual body. The energy changes that you or your client need is provided and is found in your Soul. As you keep scanning, you are taking notes as to where those are found. This scanning is like reading a map,
you are noticing different are where you need to give your attention. You cannot afford to rush through your healing time with your client.

If from your Spirit you gave the command to the light sphere that surrounds your physical body, and you focus until you manifest your Christ’s Light. This will establish and bring back the perfection that was once there. If you do this, you will experience your own miracle. Command the perfection to exist. Remember once you are within your Light nothing is impossible to do. Once you are able to prove this to yourself, you will remember how you have done it.

This Light that surrounds your physical body is the light which waits for your commands. It will create what you request. This light, if understood could render your physical body invisible at the request of your Spirit, and the key is the Light.

As a healer, you will learn to visualize and dissolve the defectives part, and call the original part to manifest. Once this is done, breathe in a few times and this seal and prevent the healing energy from leaving the area until the healing is done.

VIEW A 3D IMAGE OF YOUR BRAIN
Regarding the brain’s signals in holographic real time is like you being in the middle of a 3d super-highway. There are electrical impulses flying along the pathways everywhere, and I do mean flying. The speed at which they travel is incredible. It takes some practice to feel comfortable while viewing the inside to the brain.

You can see the flow of electrical impulses along neurons, and intuitively know their function. You can see damaged connections in this 3D picture of your brain, which are specific to certain brain functions. All of the switches in the brain allow (or prevent) the passage of electrical impulses. The flow and blockages of these electrical pathways form a specialized pathway in your brain. This is a very useful tool for headaches, migraines, and neurological disorders. Some recurring problems need the brain to be reset to correct the condition.

DIFFERENT BODY SYSTEMS

You can see a real-time physical hologram image includes the skeletal, nerve, blood, lymph, and organ systems. And, you can see any of these at a cellular level if needed, and adjust them to their best healing potential. You may like to use a three D holographic image to observe the functioning of the different body
systems. You are the one who can determine the next best course of action.

With this type of viewing, what you see is their double and this is very useful when the person you are treating has been diagnosed with diseases such as fibromyalgia and rheumatoid arthritis. Physical problems are usually corrected more directly and efficiently when you are using their twin self-awareness.

**MAKE USE OF THE SMART ENERGY PARTICLES**

Here you are using your field of Light and you use this Light field to remove things from their Soul. You are cleaning their energetic level – and this is a call to seek and destroy. You will be shown the how to use a particular color to obtain a positive result. Intentionally you are sending millions of small particles unite into the Soul in order to reduce any unwanted blockages and replace them with real energy power. I call them ‘smart energy particles.’ It is an extremely useful tool. For example, you command them to stay and continue to remove the cancer even after the treatment is finished. What color does is explained next.

You make use of this tool to eliminate things on an energetic level that would require ongoing work. You use this system with those who have infections, cancer or anything where problems are likely to reoccur.
This tool is more like seek and destroy devices and they have the ability also to spread good healing energy on their path. They can also reproduce themselves for a particular work as they also communicate with each other. This ability is useful, as they can send signals to each other to shock or jump-start the system. As you evolve in this line of work, you will discover other avenues that are conducive to this line of modality.

For example, while you are in this altered state, you direct them by the waving motion of your hand and visualize then going directly to the work they must do. These smart energy particles function as a group; give them a name and this is appreciated as you direct them to the area that needs to be rebuild or corrected. This is a very useful tool.

**ENERGY GRID PATTERN**

When you look at 3D contour maps of the body, you can quickly tell if there is imperfection in what you are viewing. This is similar to how you would detect the disease and it is by looking at the energy pattern. If there is harmony, the flow is in a healthy. Otherwise, any disruption will be readily visible to you as you scan your invisible body or the one who need healing. Old stubborn injuries appear with crisscross energy
lines in their invisible twin self-body. New injuries are not as pronounced. Look deeper inside the body is always possible with your zooming viewing ability.

THIRD PART

YOUR ENERGY IS FELT IN THE FORM OF HEAT

You will find that as you mentally visualize, you will see the exact replicate of your human body. This image is what your Soul looks like. And your Soul is your creator. This third dimensional invisible human resemblance of your physical body or your client body is necessary for the treatment of any cancer. As you scan your client body, you will or may find some Cancer cells that will appear **green** as you study the body. Once you find any cancer cells, you will then apply **red** energy, as you apply this red color, it turns the cells into red-hot heat as you focus you turn all green cells into red cells. You gradually blanket all the red cells with a **white** color and all those red cells will disintegrate like dust. You then energetically vacuum up the dead pieces to get rid of the dead material.

**RED** is an energetic heat or high-frequency energy that is use on cancer cells because it will cause the cancer cells to heat up. Then use the **WHITE color** as you blanket all the red cells with the white energy
and you will see those cells they pop from the inside out. This white energy color is what cause those cancer cells to explode from the inside out, then they usually die after they explode they leave a white powder residue.

**HOW do YOU know IF MORE TREATMENTS IS NEEDED?**

Before and after every treatment, compare their physical body image with their own twin self as to how it looks. You will seem to know if the person has accepted the new pattern of health. It should appear obvious to you if the energy blockages have been removed. Some people and some conditions seem to shift swiftly toward health in one treatment. **Others take more treatments and time.** This overall view is how you would know whether more treatment is needed. The effectiveness of a treatment varies with each individual.

**USING COLORS**

**YELLOW** is used on a particular organ or it is sent to a localized area that requires treatment. You use Yellow to **increase energy**, when someone suffers from a lack of it. Yellow encourages the growth of good energy and will boost and rejuvenate a person’s energy system.
**WHITE** is used in similar situations as does yellow and in both cases it is used as a booster. **It will also boost the energy** system of your immune system to overrule this evil sickness that is found as an energy that is surrounding you. Until the needs are meant, this Liquid White Light will be released and function likes a seal that will maintain your energy level.

**PURPLE:** it works somewhat like the ‘smart energy packets’. It attaches like glue to bad energy as if it is sticky. **It floats around until it finds bad energy** to connect to, then penetrates and eliminates it from inside out.

**RED** is used as a healing color and it is felt as heat. It is very useful in the energetic treatment of cancer. Red can also be used as glues, **which, holds the areas to be healed in place.** This then will enable you to use other colors to treat the area.

**BLUE** is most effective in the form of positive thought. It is positive thinking in liquid energy form. Blue prepares the body to be receptive to the healing. It thereby it overshadows any negative mind/body connections, which may exist as a disruption. This color is used to calm the body. This color is like a sedative.
Some combinations of colors often work well together, and some are able to coexist together. White and purple work well together. But the purple is one of, if not the most difficult color to work with. Using the purple color takes tremendous focus and concentration, and if not properly applied, it will only dissipate.

You can always, always choose your attitude. Your attitude determines how you react to something. How you react to something is more important than what is happening. And, that’s where people have much more power and control they seem to realize. You always have a choice as to how you are going to react. And your choice can often if not always, strongly influence the outcome.

*This ability to connect with a person’s Soul is a gift.* We all have this ability to make a connection to our own heart and use its power to heal. This does not come easy, but with a desire to learn and with some practice you will succeed. By continuing to practice, you will find that it gets easier and easier and that your ability to do this increases. Most people find this a very effective method of making contact with their Soul in order to maintain their state of wellness.

**PART FOUR**
THE PERFECT INVISIBLE IMAGE OF YOURSELF

Put yourself into a quiet, meditative state. Picture a three-dimensional image of yourself. This takes lots of concentration and practice, but once you master it, you will notice the benefit. Make it a perfect image of yourself and visualize even the color of your eyes exactly as they look. Work on improving yourself image until it easy to do. Make it complete in every detail. It will only get easier as to the amount of time you use to practice. Even someone who lacks imagination can do this.

Once you have this clear image in the front of your mind, repeat to yourself that you are problem-free. Have your Soul Light focus on the injured area. For example, if you’re physical elbow is a problem, project your Soul spiritual light toward your invisible elbow and envision its perfection. Do the same for all problems that you or other may have.

DO NOT think of the problems. You do not have any issues in this Soul that you have put in front of you. Think of this Soul as already perfect with no injuries. Once you connect to your Soul image, use your thoughtful Spirit ideas to commands your Soul to create the perfect resemblance of your thoughts. As envision you are communicating and giving direction to your Soul.
If you have a hard time to focus start by humming a sound at the same time as you are visualizing. This will help keep your focus during your healing work and it is also easier to maintain any color you so choose to work with.

Accepting change or a new way of thinking which is referred to as a paradigm shift. There have been many examples of dramatic paradigm shifts throughout civilization. There is no reason to believe there won’t be many more. “Vision is the ability to see what isn’t there.”

SUNDAIL